

# Bexleyheath and Welling Menu

## Week 1



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water
Lunch	Crispy seasoned Jacket potato served with a tangy tomato vegan chili  Banana and custard	Succulent pork Sausage, creamy carrot and potato mash served with broccoli and cauliflower  Fresh fruit	Vegetarian 5 bean curry served with rice and homemade naan bread  Apple/oranges	Home roasted lamb shepherd's pie served with peas and sweetcorn  Vanilla yoghurt with fresh fruit compote	Crispy top Chicken & vegetable pie served With Roasted potatoes, mixed vegetables, and gravy.  Trio Of Melon
Tea	Pitta pizzas with vegetable sticks and homemade houmous  Homemade short bread biscuits	Rich Tomato and chopped spinach pasta  Peaches	Fisherman's dreamy Creamy tuna pasta salad  Homemade Vanilla soft sponge cake	A creamy cheese and mushroom linguini  Roasted cinnamon apples	Creamy Tuna or Cheese wraps Served with Homemade Cajun style Wedges and beans  Creamy Rice Pudding
PM Snack	Fresh fruit  Choice of milk/water	Vegetable sticks with homemade guacamole  Choice of milk/water	Fresh fruit  Choice of milk/water	Cracker served with cream cheese  Choice of milk/water	Vegetable sticks with homemade coleslaw  Choice of milk/water

Due to supplier we currently serve Halal Food



# Bexleyheath and Welling Menu

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water
Lunch	Fish fingers served with creamy mash potato with peas and sweetcorn  Bananas & Custard	Pork Sausage and mixed vegetable hotpot  Natural yoghurt with fresh fruit compote	Sweet and sour vegetables served with egg noodles  Homemade zesty Lemon Shortbread biscuits	Lamb/vegetarian Scrumptious Spaghetti bolognaise with homemade garlic bread  Mixed fruit salad	Roast Chicken Served with roasted potatoes, carrots and crispy parsnips and gravy  Peaches
Tea	Pitta pizza served with a selection of vegetable sticks.  Selection of fresh fruit	Rich Tomato and chopped spinach pasta  Homemade Zesty lemon and sultana cake	Crispy seasoned Jacket potato with beans and cheese  Oranges	Roasted chicken pasta salad  Creamy rice pudding	Creamy Tuna or Cheese wraps Served with Homemade garlic style Wedges and beans  Homemade zesty orange Shortbread biscuits
PM Snack	Crackers served with cream cheese Choice of milk/water	Fresh fruit  Choice of milk/water	Selection of vegetable sticks Choice of milk/water	Cheese and crackers  Choice of milk/water	Fresh fruit  Choice of milk/water

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# Bexleyheath and Welling Menu

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water	Toast & Cereal Choice of milk/water
Lunch	Slow cooked deliciously sweet Sausage and vegetable casserole  Peaches	Lentil and potato Curry Served with Rice and homemade naan bread  Pineapple Chunks	Sweet and sour chicken served with egg noodles  Creamy rice pudding	Fish fingers served with creamy mash potato with peas and sweetcorn  Bananas & Custard	A full of flavor Bolognese pasta Bake served with homemade garlic bread  Yoghurt
Tea	Creamy Tuna or Cheese wraps Served with Homemade Cajun style Wedges and beans  Homemade vanilla short bread biscuits	Fisherman's dreamy Creamy tuna pasta salad  Natural yogurt and fresh fruit compote	Crispy seasoned Jacket potato served with a tangy tomato vegan chili  Oranges	Deliciously baked cauliflower cheese  Homemade vanilla sponge cake	Pitta pizzas with vegetable sticks and homemade houmous  Fresh Fruit
PM Snack	Vegetable sticks served with homemade guacamole  Choice of milk/water	Fresh fruit  Choice of milk/water	Cracker served with cream cheese  Choice of milk/water	Selection of vegetable sticks  Choice of milk/water	Fresh fruit  Choice of milk/water

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